

# Peer support meeting notes

<b>How did you meet</b>	In person <input type="checkbox"/>	Online <input type="checkbox"/>	A mix <input checked="" type="checkbox"/>
<b>Date</b>	Click or tap to enter a date.		
<b>Approximate length of meeting</b>	1hr		
<b>Name of attendees</b>			<b>Indicate profession if not a pharmacist</b>
Zeus	Hera		Gaia (Practice nurse)
Demeter	Hades		Hygea (GP)
Apollo	Aphrodite		
Artemis	Athena		
Ares	Gaia		
Asclepius	Hygea		
<b>Summary of discussion</b>			
<p>This meeting focused on Family Harm Prevention with the purpose of Increase confidence and skills for recognising and responding to family harm and Encouraging a teamwork approach – both inside and outside the pharmacy. All group members undertook some prereading which covered</p> <ul style="list-style-type: none"> <li>the definition and scope of what family harm is</li> <li>team-based recognition and response to family harm, including prevention and support</li> <li>the wider supports available in the health and social services system</li> </ul> <p>Then participated in discussion – reflections from the group during discission included</p> <ul style="list-style-type: none"> <li>After our group discussions I am now more aware of the yellow flags for family harm ( these can be difficult to spot ), and the impacts of family harm</li> <li>Many people have been exposed to some form of family harm whether directly or indirectly . This was shown by the examples raised from others in the group and the NZ statistics for family harm</li> <li>Our groups had some great ideas about how we might ask about family harm. Eg When I see injuries/ wounds like this it is standard practice for me to ask, “Did someone else do this to you?”</li> <li>I know how important it is to document any concerns because it is the bigger picture rather than a single case which may result in an official report of concern being generated</li> <li>Between the group we identified referral options to help support both victims and preparators. eg AVIVA</li> <li>I will be able to share my learning with other staff in my pharmacy, so we have a plan in place if anyone is at risk or is worried someone else is affected by family harm</li> <li>The cycle of family harm still exists throughout many generations</li> <li>The Kia Puāwai illustration from the 2017 Aotearoa NZ Family Violence, Sexual Violence and Violence within Whānau document can help us to understand the essential components of supporting those affected by family harm</li> </ul>			
<b>Name of note taker (optional)</b>	Athena		
<b>Personal reflection on meeting (optional)</b>			

I will try to

- Be brave and ASK questions if I am concerned
- Leave the door open for people to come back for support
- Offer referrals to support agencies if requested
- Encourage my colleagues and community to lead by example
- Formulate a team SOP for how we might deal with situations involving family harm

**Links to relevant references or supporting information (optional)**

Click or tap here to enter link, text or file.