

Keeping up to date

Required information		Optional information
Date	Description of action Include name of event, speaker, topic, location for training events	If you wish to, you can use this space to add more information such as <ul style="list-style-type: none"> • How this activity was useful for my role • Date activity finished if it was a longer learning activity
1/03/2020	Understanding COVID-19 – starting from March 2020 March20 – health professional information meeting held by DHB/PHO for primary healthcare professionals. March20 – peer discussion discussing treatments and concerns regarding particular medications for people with COVID-19 May20 – coping strategies during COVID-19 webinar	This activity was useful for my role, as it helped me to manage my own professional activities during the pandemic, as well as improving my knowledge so that I could provide advice to others. The activity evolved into the development of a survey which encompassed the views of others and was able to be shared.